2026-2027 INCOME GUIDELINES

FOOD BANK of Contra Costa & Solano

OCTOBER 1, 2026 - SEPTEMBER 30, 2027*

Household Size	GROSS MONTHLY INCOME LIMITS (no gross income test for households with 60+ or disabled) 200% Federal Poverty Level	NET MONTHLY INCOME LIMITS (everyone needs to be under this after deductions) 100% Federal Poverty Level	MAXIMUM CalFresh ALLOTMENTS (minimum is $25 regardless of # of people in household)
1	$2,660	$1,330	$306
2	$3,608	$1,804	$562
3	$4,554	$2,277	$808
4	$5,500	$2,750	$1,023
5	$6,448	$3,224	$1,217
6	$7.394	$3,697	$1,463
7	$8.340	$4,170	$1,616
8	$9,288	$4,644	$1,841
9	$10.236	$5,118	$2,066
10	$11,184	$5,592	$2,291
Each additional household member	+$948	+$474	+$225 (capped at $3,887)

*Income guidelines are adjusted on a yearly basis, every October 1st.

If someone is under the Gross Monthly Income limit, they *may* be eligible, but must also meet the Net Monthly Income after deductions (see reverse side).

CalFresh FOOD

Questions?

Call the Food Bank CalFreshTeam

1-925-603-3316

www.foodbankccs.org



CalFresh Deductions

FOOD BANK of Contra Costa & Solano

DEDUCTIONS TO SEE IF HOUSEHOLD MEETS NET INCOME LIMITS

Type of Deduction	Who can use it?	How much is deducted?
Earned Income Deduction	For anyone receiving earned income (wages, salaries, striker's benefits, etc.)	Subtract 20% of income (Earned income x .8)
Standard Deduction	For households of 1-3 people For households of 4 people For households of 5 people For households of 6+ people	Subtract $217 Subtract $229 Subtract $268 Subtract $308
Excess Shelter	If shelter costs are more than 50% of household's income after above deductions	Subtract anything over the 50% of income that is used on housing, up to $769 (no cap for HHs with 60+/disabled)
Homeless Household Shelter	If someone is homeless but pays for shelter at any time of the month	Subtract $205.66
Standard Utility Allowance (SUA)	If someone pays for heating/ cooling outside of rent/mortgage	Subtract $686 (regardless of how much is paid)
***Limited Utility Allowance (LUA)**	If paying for at least two separate utilities other than heating and cooling (ignore if qualify for SUA)	Subtract $176 (regardless of how much is paid)
***Telephone Utility Allowance (TUA)**	If not eligible for SUA or LUA but paying for telephone (ignore if qualify for SUA)	Subtract $21 (regardless of how much is paid)
Dependent Care	If household is paying for childcare or dependent care	Subtract the actual amount paid
Medical Deduction	If household has any members who are 60+ or disabled and have medical expenses higher than $35 a month	Subtract $150 (i.e. if someone pays $35.01-185 in medical ecpenses, $150 would be used as the deducton)
Asset Limit	HH w/ at least 1 member 60+ or disabled $4,750. All other HH $3,000	

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