



FOOD BANK OF
CONTRA COSTA & SOLANO

HUNGER ACTION MONTH SEPTEMBER 2026

Every action adds up to **end hunger!**

1 DONATE



Your gift is matched by Marathon
September 1 to 23, 2026, up to \$45,000!
Every \$1 = 4 nutritious meals

2 GET SOCIAL



Join our community **@foodbankccs** on
Facebook, Instagram, or LinkedIn and
share our updates about local hunger.

3 TURN ORANGE



Wear **orange** in September to support hunger
relief and raise awareness for food insecurity.

foodbankccs.org/swag

4 VOLUNTEER



Sign up for a volunteer shift at
foodbankccs.org/volunteer

5 BITE BACK



Dine out at participating restaurants during
Bite Back Hunger Restaurant Week,
September 24 to 30, 2026. Find out more at
foodbankccs.org/restaurant



FOODBANKCCS.ORG/HAM

#HUNGERACTIONMONTH

@FOODBANKCCS



BUSINESSES, SCHOOLS, & GROUPS JOIN HUNGER ACTION MONTH!



Your group will be **Hunger Fighter Champions** by taking action today for a hunger-free tomorrow!

1 FOOD AND FUND DRIVE

Organize a food drive at your business, school, or organization or start a virtual food drive.



2 CAUSE MARKETING

Sell something and provide all, or a portion, of the proceeds to the Food Bank of Contra Costa and Solano.



3 VOLUNTEER

Sign up for a volunteer shift with your group at foodbankccs.org/group. Post your photos on social media and be sure to tag us.



4 TURN ORANGE

Change your website colors to **orange**, or wear the official color of hunger relief, and help raise awareness of food insecurity.



5 ENGAGE

Invite others to join the hunger fight! Offer a matching gift. Challenge coworkers to skip eating out, pack a lunch, and donate to the Food Bank instead.



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