



HUNGER HEROES IN MOTION!

HUNGER ACTION MONTH 2025



**Easy ways you can take action today
for a hunger-free tomorrow!**

1 DONATE



Every \$1 = 2 meals

Help the Food Bank provide **2.7+ million meals** each month.

2 GET SOCIAL



Follow the Food Bank
@foodbankccs and share our
posts about local hunger.

3 TURN ORANGE



Orange is the official color of hunger relief.
Make a bold statement by wearing orange
in September.

4 VOLUNTEER



Sign up for a volunteer shift at
foodbankccs.org/volunteer.

5 BITE BACK



Bite Back hunger by dining out at
participating restaurants during our first
annual restaurant week! Find out more at
www.foodbankccs.org/restaurant



FOODBANKCCS.ORG/HAM

#HUNGERACTIONMONTH

@FOODBANKCCS



BUSINESSES, SCHOOLS & GROUPS JOIN HUNGER ACTION MONTH!



Your group will be **Hunger Action Heroes** by taking action today for a hunger-free tomorrow!

1 FOOD AND FUND DRIVE



Organize a food drive at your business, school or organization during September and start a virtual food drive.

2 CAUSE MARKETING



Sell something and provide all, or a portion, of the proceeds to the Food Bank of Contra Costa and Solano.

3 VOLUNTEER



Sign up for a volunteer shift with your group at foodbankccs.org/group. Take pictures and post on social media or send to hello@foodbankccs.org.

4 TURN ORANGE



Orange is the official color of hunger relief. Change colors on website or social media. Encourage members to wear Orange on Fridays.

5 ENGAGE

Encourage donations by offering a match, bring your lunch to work or potluck day, donate to the Food Bank in lieu of eating out, or other office competitions.



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