

Client | Lidia | 2023

San Pablo Senior Food Program

“Lidia particularly appreciates the milk, eggs and meat she’s received since she started coming to the Senior Food Program a month ago. She says the food is a help because rent and food costs keep rising and she wasn’t eligible to enroll in CalFresh. “

Especially in the last three to four months the price for food has increased,” she says. “Before you paid maybe \$100. Now you spend double.”

She appreciates that there is a program specifically to help senior residents. “It’s good for people 55 and over because they need more help,” she says. “They’re getting older, and they’ll soon be retired.”

