

Food Drive Shopping List

Help the Food Bank of Contra Costa and Solano provide nutritious, nonperishable food items like the ones listed below.

- Natural Peanut Butter
- Canned Tuna and Chicken in Water
- Beans and Lentils (dry or canned)
- Rice
- Pasta
- Whole Grain Cereals
- Low-Sodium Canned Vegetables
- Canned Tomato Products
- Hearty Low-Sodium Soups
- Canned Fruit in Juice
- Nonperishable Ready- to-Eat Meals (chili, ravioli, etc.)

NO GLASS, PLEASE!



foodbankccs.org/FoodDrive

**Drop off food in a collection barrel near you or bring food to either Food Bank warehouse:
4010 Nelson Ave, Concord, CA 94520 or 2370 N Watney Way, Fairfield, CA 94533**