



## Food Bank needs volunteers to fill variety of shifts

## By Daily Republic Staff

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FAIRFIELD — Volunteers are needed at the Fairfield center of the Food Bank of Contra Costa and Solano.

The Food Bank distributes produce to residents in need at 69 sites twice a month, and volunteers are needed to keep up with the increasing demand.

The Food Bank is looking to fill shifts to help ensure fresh fruits and vegetables are bagged and ready for delivery seven days a week.

One-time volunteer shifts, or once weekly, biweekly and monthly shifts are available. The need if for six days, with shifts that are typically two to three hours.

Children ages 11 to 15 can volunteer with an adult, and youth ages 16 and 17 can volunteer independently. Sign up as an individual, or register a team of friends or co-workers. Pre-registration for all shifts is required. No walk-ins will be accepted.

For more information, visit <a href="https://volunteer.foodbankccs.org/calendar">https://volunteer.foodbankccs.org/calendar</a>, or contact the Volunteer Help Desk at volunteerhelpdesk@foodbankccs.org.