

Visit foodbankccs.org/getfood for the most up-to-date information, including holiday schedules

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Antioch Health Center**, 2335 Country Hills Dr, **Antioch**, 2nd & 4th Monday, 10:00-11:00am
- **Salvation Army-Antioch**, 620 E. Tregallas Rd, **Antioch**, 2nd & 4th Wednesday, 12:00-1:00pm
- **Jubilee Christian Center**, 11 Texas St, **Antioch**, 2nd & 4th Wednesday, 2:00-3:00pm
- **Mission Elementary**, 1711 Mission Dr, **Antioch**, 2nd & 4th Wednesday, 4:00-5:00pm
- **Antioch Kinder Care**, 2300 Mahogany Way, **Antioch**, 2nd & 4th Thursday, 4:00-5:00pm (starting 10/11/18)
- **CalFresh Office (EHSD)**, 4545 Delta Fair Blvd, **Antioch**, 1st & 3rd Friday, 11:00am-12:30pm
- **Holy Rosary**, 1313 A St, **Antioch**, 1st & 3rd Friday, 1:30-3:00pm
- **Antioch High School**, 700 W. 18th St, **Antioch**, 2nd & 4th Saturday, 10:00-11:00am
- **Carmen Dragon Elementary**, 4721 Vista Grande Dr, **Antioch**, 2nd & 4th Saturday, 12:00-1:00pm
- **Marsh Elementary**, 2304 G St, **Antioch**, 2nd & 4th Saturday, 2:00-3:00pm
- **West River Town Apartments**, 811 W. 4th St, **Antioch**, 2nd & 4th Sunday, 2:30-3:30pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **American Legion Hall**, 403 W. 6th St, **Antioch**, 1st Wednesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **American Legion Hall**, 403 W. 6th St, **Antioch**, 1st Wednesday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Golden Hills Mission Outreach**, 525 East 18th St, **Antioch**, 2nd & 4th Thursday, 11:00am-12:00pm

Food Assistance Program Only			All Other Listed Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,518	\$18,210	1	\$2,024	\$24,280
2	\$2,058	\$24,690	2	\$2,744	\$32,920
3	\$2,598	\$31,170	3	\$3,464	\$41,560
4	\$3,138	\$37,650	4	\$4,184	\$50,200

For households with 5 or more persons, refer to www.foodbankccs.org; income guidelines subject to change.

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)