

Visit [foodbankccs.org/getfood](http://foodbankccs.org/getfood) for the most up-to-date information, including holiday schedules

## Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Monument Crisis Center**, 1990 Market St, **Concord**, 2nd & 4th Monday, 2:00-3:00pm
- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 1st & 3rd Wednesday, 12:00-1:00pm
- **WIC Concord**, 2355 Stanwell Cir, **Concord**, 1st & 3rd Wednesday, 2:00-3:00pm
- **St. Bonaventure's Church**, 5562 Clayton Rd, **Concord**, 1st & 3rd Wednesday, 4:00-5:00pm
- **La Clinica de la Raza**, 2000 Sierra Rd, **Concord**, 1st & 3rd Saturday, 10:00-11:00am
- **Cambridge Elementary**, 1135 Lacey Ln, **Concord**, 1st & 3rd Saturday, 12:00-1:00pm
- **Mt. Diablo High School**, 2611 East St, **Concord**, 1st & 3rd Saturday, 2:00-3:00pm

## Food Assistance Program

**FREE** groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4th Monday, 11:00am-1:00pm

## Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **Church of the Nazarene**, 1650 Ashbury Dr, **Concord**, 4th Monday, 11:00am-1:00pm

## Senior Food Program

**FREE** groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Good Shepherd Lutheran Church**, 4000 Clayton Road, **Concord**, 1st and 3rd Thursday, 10:00am-11:00am
- **Monument Crisis Center**, 1990 Market Street, **Concord**, Friday after the 1st and 3rd Thursday, 9:45-11:30am
- **Rainbow Community Center**, 2118 Willow Pass Road #500, **Concord**, 1st and 3rd Thursday, 10:00am-12:00pm

Food Assistance Program Only			All Other Listed Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,518	\$18,210	1	\$2,024	\$24,280
2	\$2,058	\$24,690	2	\$2,744	\$32,920
3	\$2,598	\$31,170	3	\$3,464	\$41,560
4	\$3,138	\$37,650	4	\$4,184	\$50,200

For households with 5 or more persons, refer to [www.foodbankccs.org](http://www.foodbankccs.org); income guidelines subject to change.

## Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)