

Visit foodbankccs.org/getfood for the most up-to-date information, including holiday schedules

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Contra Costa College**, 2600 Mission Bell Dr, San Pablo, 1st & 3rd Monday, 2:00-3:00pm
- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 2nd & 4th Friday, 12:00-1:00pm
- **Contra Costa Health Services**, 13601 San Pablo Ave, **San Pablo**, 2nd & 4th Saturday, 2:00-3:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example), if you have it.

- **Davis Park**, 1651 Folsom Ave, **San Pablo**, 3rd Monday, 10:00am-12:00pm
- **Montara Bay Community Center**, 2250 Tara Hills Dr, **San Pablo**, 2nd Monday, 10:00-11:30am

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC San Pablo**, 501 Gateway Ave, **San Pablo**, Last Friday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Maple Hall**, 13831 San Pablo Ave, **San Pablo**, 1st & 3rd Friday, 10:00-11:00am

Food Assistance Program Only			All Other Listed Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,518	\$18,210	1	\$2,024	\$24,280
2	\$2,058	\$24,690	2	\$2,744	\$32,920
3	\$2,598	\$31,170	3	\$3,464	\$41,560
4	\$3,138	\$37,650	4	\$4,184	\$50,200

For households with 5 or more persons, refer to www.foodbankccs.org; income guidelines subject to change.

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)