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John Muir Health Provides Much-Needed Assistance to Local Families through \$35,000 Donation to the Food Bank of Contra Costa and Solano

WALNUT CREEK, Calif., Dec. 21, 2017-- John Muir Health is making a holiday contribution of \$35,000 to the Food Bank of Contra Costa and Solano. The funding will support the Food Bank's Community Produce Program, which distributes fresh fruits and vegetables to more than 50 sites throughout Contra Costa and Solano counties twice a month.

"One in eight Contra Costa and Solano residents turn to the Food Bank for emergency and supplemental meals," said Larry Sly, executive director of the Food Bank of Contra Costa and Solano. "John Muir Health's tremendous ongoing support of the Community Produce Program will help provide fresh fruits and vegetables to local families throughout the holiday season and year-round."

"As part of our continued commitment to improve the health of the communities we serve with quality and compassion, we're pleased to support the Food Bank of Contra Costa and Solano through this contribution," said Cal Knight, president and CEO of John Muir Health. "Our team of physicians, nurses, staff and volunteers take great pride in providing the Food Bank with resources to ensure members of our community have access to fresh produce, which contributes to good health."

A John Muir Health employee first recommended that the health system support the Food Bank during the holiday season in 2008. Since then John Muir Health has contributed more than \$285,000 to help feed local families in need. The Community Produce Program started in 2012 with a grant from the John Muir Health-supported John Muir/Mt. Diablo Community Health Fund.

For more information on the Community Produce Program and a list of distribution sites, please visit foodbankccs.org/getfood.

About John Muir Health

John Muir Health is a nationally recognized, not-for-profit health care organization east of San Francisco serving patients in Contra Costa, eastern Alameda and southern Solano Counties. It includes a network of more than 1,000 primary care and specialty physicians, more than 6,000 employees, medical centers in Concord and Walnut Creek, including Contra Costa County's only trauma center, and a Behavioral Health Center. John Muir Health also has partnerships with Tenet Healthcare/San Ramon Regional Medical Center, UCSF Health and Stanford Children's Health to expand its capabilities, increase access to services and better serve patients. The health system offers a full-range of medical services, including primary care, outpatient and imaging services, and is widely recognized as a leader in many specialties – neurosciences, orthopedic, cancer, cardiovascular, trauma, emergency, pediatrics and high-risk obstetrics care.