

## Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Davis Park**, 1651 Folsom Avenue, **San Pablo**, 2nd and 4th Friday, 12:00-1:00pm  
*There will be no Community Food Produce distribution at Davis Park on November 24, 2017.*
- **Contra Costa Health Services**, 13601 San Pablo Ave., **San Pablo**, 2<sup>nd</sup> and 4<sup>th</sup> Saturday, 2:00 – 3:00pm

## Food Assistance Program

**FREE** groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example).

- **Davis Park**, 1651 Folsom Avenue, **San Pablo**, 3rd Monday,  
January-May: 10:00am-12:00pm *The January 16, 2017 distribution will take place on **January 30, 2017** and the February 20, 2017 distribution will take place on **February 13, 2017.***  
June-August: 12:00pm-2:00pm  
September-December: 10:00am-12:00pm
- **Montara Bay Community Center**, 2250 Tara Hills Drive, **San Pablo**, 2nd Monday, 10:00-11:30am

## Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **WIC Richmond**, 39th Street & Bissell Avenue, **Richmond**, Last Friday, 10:00am-12:00pm  
*The November 23, 2017 distribution at WIC Richmond will take place on **November 17, 2017.***  
*The December 25, 2017 distribution at WIC Richmond will take place on **December 15, 2017.***

## Senior Food Program

**FREE** groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Maple Hall**, 13831 San Pablo Avenue, **San Pablo**, 1st and 3rd Friday, 10:30-11:30am

Food Assistance Program Only			All Other Listed Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,508	\$18,090	1	\$2,010	\$24,120
2	\$2,030	\$24,360	2	\$2,707	\$32,480
3	\$2,553	\$30,630	3	\$3,404	\$40,840
4	\$3,075	\$36,900	4	\$4,100	\$49,200

For households with 5 or more persons, refer to [www.foodbankccs.org](http://www.foodbankccs.org); income guidelines subject to change.

## Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)