

Community Produce Program

We provide 15-20 pounds of **FREE** fresh produce to low-income families and individuals twice a month. Please bring two bags with handles. Choose *ONE* location:

- **Salvation Army-Antioch**, 620 E. Tregallas Road, **Antioch**, 2nd and 4th Wednesday, 12:00-1:00pm
- **Jubilee Christian Center**, 11 Texas Street, **Antioch**, 2nd and 4th Wednesday, 2:00-3:00pm
- **Mission Elementary**, 1711 Mission Drive, **Antioch**, 2nd and 4th Wednesday, 4:00-5:00pm
- **Holy Rosary**, 1313 A Street, **Antioch**, 1st and 3rd Friday, 1:00-2:00pm
- **American Legion Hall**, 403 W. 6th Street, **Antioch**, 1st and 3rd Friday, 3:00-4:00pm
- **Kids' Club**, 800 Gary Avenue, **Antioch**, 1st and 3rd Friday, 5:00-6:00pm
- **Antioch High School**, 700 W. 18th Street, **Antioch**, 2nd and 4th Saturday, 10:00-11:00am
- **Carmen Dragon Elementary**, 4721 Vista Grande Drive, **Antioch**, 2nd and 4th Saturday, 12:00-1:00pm
- **Marsh Elementary**, 2304 G Street, **Antioch**, 2nd and 4th Saturday, 2:00-3:00pm

Food Assistance Program

FREE groceries once a month for low-income individuals and families. Bring a picture ID and proof of address (PG&E bill, for example).

- **American Legion Hall**, 403 W. 6th Street, **Antioch**, 1st Wednesday, 10:00am-12:00pm

Food for Children

Boxes of **FREE** healthy food every month for children ages 4-6 years old. Bring a picture ID and proof of address (PG&E bill, for example), as well as proof of child's birthday.

- **American Legion Hall**, 403 W. 6th Street, **Antioch**, 1st Wednesday, 10:00am-12:00pm

Senior Food Program

FREE groceries twice a month to low-income individuals aged 55 or older. Only one senior per household can receive food. Bring a picture ID and proof of address (PG&E bill, for example).

- **Golden Hills Mission Outreach**, 525 East 18th Street, **Antioch**, Thursday, 9:00am

Food Assistance Program Only			All Other Listed Programs		
Household Size	Maximum Household Income		Household Size	Maximum Household Income	
	Monthly	Annually		Monthly	Annually
1	\$1,485	\$17,820	1	\$2,010	\$24,120
2	\$2,003	\$24,030	2	\$2,707	\$32,480
3	\$2,520	\$30,240	3	\$3,404	\$40,840
4	\$3,038	\$36,450	4	\$4,100	\$49,200

For households with 5 or more persons, refer to www.foodbankccs.org; income guidelines subject to change.

Call the Food Bank to learn about other available food resources

- CalFresh (the Food Bank can help you apply for this government program)
- Our partner pantries and soup kitchens (for emergency food)
- WIC (for pregnant women and mothers with children 0-5 years old)