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**John Muir Health Makes \$25,000 Donation to Local Food Bank**

WALNUT CREEK, Calif., Dec. 26, 2015--John Muir Health is delivering much needed assistance to local families this holiday season with a \$25,000 donation to the Food Bank of Contra Costa and Solano. This year's donation has been designated to support the Food Bank's Community Produce Program. The Community Produce Program distributes fresh produce twice a month to more than 50 sites in Contra Costa and Solano counties.

"We are extremely grateful for the generosity of John Muir Health," said Larry Sly, executive director of the Food Bank of Contra Costa and Solano. "The Community Produce Program has an incredible impact on members of our community who are in need. People who visit the local distribution sites and meet income guidelines take home 20-30 pounds of fresh produce. They are receiving healthy food for their families that they might not otherwise be able to afford."

"We are proud to be able to support the efforts of the Food Bank of Contra Costa and Solano. Providing access to fresh fruits and vegetables is a critical component of improving the overall health of our community, which is in keeping with John Muir Health's mission," said Cal Knight, John Muir Health's president and CEO. "This donation also reflects the generosity of our doctors, nurses, staff and volunteers who are committed to helping members of our community, especially those in need, during the holiday season and throughout the year."

Since making its first holiday donation in 2008 at the suggestion of an employee, John Muir Health has contributed more than \$200,000 to the Food Bank.

For more information on the Community Produce Program and a list of distribution sites, please visit [www.foodbankccs.org/gethelp](http://www.foodbankccs.org/gethelp).

**About John Muir Health**

John Muir Health is a nationally recognized, not-for-profit health care organization east of San Francisco serving patients in Contra Costa, eastern Alameda and southern Solano Counties. It includes a network of 1,000 primary care and specialty physicians, more than 6,000 employees, medical centers in Concord and Walnut Creek, including the county's only trauma center, and a Behavioral Health Center. The health system also offers a full-range of medical services, including primary care, outpatient and imaging services, and is widely recognized as a leader in many specialties – neurosciences, orthopedic, cancer, cardiovascular, trauma, emergency, pediatrics and high-risk obstetrics care. For more information, visit [www.johnmuirhealth.com](http://www.johnmuirhealth.com).

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