

For Immediate Release

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THIS FOOD IS OUR FOOD

Learning About the Contra Costa Food System and What Makes Us Great!

Concord, CA – September 24, 2014 -- Please join us on Monday, October 20th, from 4:30-7:00 p.m. for the presentation, **This Food is Our Food: Learning About the Contra Costa Food System and What Makes Us Great**. The event will take place at the Food Bank of Contra Costa & Solano at 4010 Nelson Avenue in Concord. Light refreshments will be served. Please R.S.V.P. online at <http://fooddaybcc.eventbrite.com>.

Food Day is a nationwide celebration of healthy, affordable, and sustainably produced food.

This event is co-sponsored by Contra Costa Health Services, University of California Cooperative Extension, Supervisor Federal D. Glover, and the Food Bank of Contra Costa & Solano.

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