

For Immediate Release

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Join the Fight Against Hunger and Volunteer!

Fairfield, CA – January 22, 2014 -- The Food Bank of Contra Costa and Solano currently serves approximately 149,000 people per month in Contra Costa and Solano counties combined. One of these people could be your neighbor. One out of every four emergency food recipients is a child. Through direct service programs such as the Food Assistance Program and food pantries operated by churches and other small nonprofits, 18 million pounds of food was distributed by the Food Bank in 2013. Volunteers are essential to this effort. We invite you to join us in the fight against hunger!

The Food Bank warehouse in Fairfield has volunteer opportunities Monday through Saturday, some evenings are available. Volunteers are needed to help bag fresh fruits and vegetables on a daily basis. Groups of volunteers are also needed to help sort and box food donated during the holiday food drives. Individuals sixteen and over are invited to volunteer as well as children as young as eleven when accompanied by an adult. Groups of up to twenty people can be accommodated. Many businesses and service organizations sort and box food together as a team building exercise. The Food Bank needs your help. Join us in fighting hunger in your community – volunteer!

For information contact Lauren Strouse at lstrouse@foodbankccs.org or (707)421-9777.