

ARE YOU INTERESTED IN NUTRITION AND HEALTH?  
DO YOU WANT TO WORK DIRECTLY WITH CLIENTS?  
DO YOU WANT TO GET INVOLVED IN YOUR COMMUNITY?

Yes  
 Yes  
 Yes

The Food Bank of Contra Costa and Solano is looking for interns and volunteers to teach nutrition and health education directly with clients. As part of the Nutrition Education Team, you will conduct lessons, activities, and distribute information.

*No experience necessary!*  
*We will train you to be successful.*  
We need you 1-10 hours a month

We have opportunities, Tuesdays-Saturdays, between 10 AM-5 PM throughout Contra Costa and Solano counties. Spanish speaking a plus!

If interested, please contact Blanca Campos at 925.676.7543 x234, or (707) 421-9777, or [bcampos@foodbankccs.org](mailto:bcampos@foodbankccs.org)



1.855.309.FOOD | [www.foodbankccs.org](http://www.foodbankccs.org) | PO Box 6324 Concord, CA 94524



## Nutrition Education Interns & Volunteers Needed

Food Bank of Contra  
Costa and Solano

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