

COMMUNITY 

Stamp Out Hunger Food Drive

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ABC7 is teaming up with Bay Area Letter Carriers and your local post office for the biggest food drive this spring!

"Stamp Out Hunger" is a one-day food drive across the country to help feed needy families. It's so easy, you don't even have to leave home! On Saturday, May 9, 2009, place bags filled with non-perishable food items next to your mailbox. Your letter carrier will pick them up and deliver them to local food banks.

Your local post office will also accept food donations if you wish to drop it off instead.

[Story continues below](#)

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Examples of foods we urgently need:

- Canned vegetables
- Canned fruit
- Tuna
- Canned Meats
- Soups, Stews, Chili
- Peanut butter
- Cereal
- Juices
- (no glass containers please!)

National Hunger Facts:

- 35 Million Americans are at risk of hunger (USDA)
- 7 million people in the US require food assistance every week.
- Research suggests kids with malnutrition suffer higher levels of physical and emotional problems (America's Second Harvest)
- 1 in 4 people in a soup kitchen line is a child. (America's Second Harvest)
- 39% of emergency food recipients have at least one working adult. (America's Second Harvest)